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FOR IMMEDIATE RELEASE
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Nicholas Lore Quotations

"Don't let the fact that you can't do everything you want keep you from doing everything you love" .

"The secret to perseverance is a simple one: have a bigger commitment to getting the job done than to attempting to control your inner feelings and sensations." - **Coachnet**

"If you make the wrong decision, you make the wrong decision. That's all there is to it. There are few guarantees in life. One of them is that you will make lots of mistakes... The worst thing you can do is wimp out and spend your life in suspended animation... refusing to make a choice because it may not be a perfect one." - **Chicago Tribune**

"A passionately lived life is not always comfortable. Going for it involves being open to all of life - the joys, the sorrows, the mundane as well and the magic, the splendid victories, the most abject defeats. You might even stop closing your eyes during the scary parts of the movie." - **Designing Your Life**

"It takes committed, high energy, full-tilt boogie participation to have the kind of life you want." - **Designing Your Life**

"Go for vitality, not comfort" - **Entrepreneur Magazine**

"Everyone else on the planet, from the lowest amoebae to the great blue whale, expresses all their component elements in a perfect dance with the world around them. Only human beings have unfulfilled lives." - **Wholeliving**

"When you ask 'What is possible?' you must stretch your imagination out of the confines of the familiar. You have to stretch your wings, get out of the box, and look around." - **Changing Course** and also in **Making Waves**.

"The secret of creating anything new in your life consists of creating new commitments and then holding the tiller to your new course until it becomes established as a behavior." **The Coach**

In his best-selling book, THE PATHFINDER, Nicholas Lore has a very interesting discussion titled "Get to know the realm of possibility" in which he compares "options" and "possibilities". He says, "Everyone has options. [They are] a fixed set of predetermined scenarios, points of view, perceived limitations that already reside in your data bank. [But] if you depend on your options to formulate your future, that future will be no more than a rearrangement of your past."

Then he says, "Possibilities are completely different. When you ask 'what is possible?' you must stretch your imagination out of the confines of the familiar. To live a life beyond the mediocre, ask not 'what are my options?' but 'What is possible?'" **Network world**

"True independence means being free from the domination of your own internal automatic behaviors, not doing what you feel like when the urge strikes."

"When life is about caring for the orchard, rather than picking the apples, you get more apples to eat. It is quite paradoxical, but as soon as you give up trying to make yourself happy, you are!"

"It takes courage to be the author of your life. When you are struggling through one of the difficult parts of turning your dreams into reality, you may wonder why you always get stuck with having to put up with so much fear and uncertainty. Why, you wonder, couldn't I feel more courageous, like those other people do. You don't feel courageous because courage is not an emotion. There is no such thing as feeling "courageous". It is an imaginary emotion. Courage consists of doing what you said you would do even when you don't want to. In the face of danger you have a choice to be the delegate of either your commitments or your feelings. It's as simple and as difficult as that."

"Creating commitments is the most powerful way to set yourself to get the results you want. It is how you can most effectively reset yourself to make your dreams come true, rather than getting swept away by your ancient biology.

Steps are what you take when you think you have forever.